

President John's Message



Membership is the lifeblood of a vibrant Rotary Club. This week we welcome Ray Peabody into our club, a former Rotarian in Virginia Beach many years ago.

Everyone in Roswell Rotary should be on the lookout for potential new Rotarians. Just as we say that everyone is part of the Golf and Tennis Tournament Committee, likewise y'all are all part of the Membership Committee. It is essential to continue to invite friends and colleagues to our meetings and encourage them to consider membership in our great club.

So far this year we have gained a net of 3 members, all in the Roswell Rotary After Hours club. That group which meets on Tuesday nights twice a month started the year with 18, had one resignation, and have inducted 4 new members to bring their membership to 21.

In the main Roswell Rotary Club group, we have lost 8 members due to relocation, employment changes, family issues, or passing away. But we have balanced that by adding 8 new members to maintain our number at 220. We have room to grow!

Know someone who might be a good Rotarian? Reach out to our Membership Chair, Katie Anderson ktucker@ehla.com, or me and we will provide you with applications and information on joining.

MEETINGS

January is Vocational Service Month

- 1/19 Personal Training - SFX Fitness
- 1/26 Dell Spry - Retired FBI Counter Intelligence Agent
- 2/2 Lunches for Learning - Phil Dodson
- 2/9 Skipper Hoke Leadership Awards - Buster Faulkner keynote speaker
- 2/16 Hearing Life - Susanne Lynch & Rebecca Knox
- 2/23 Leadership 2020 - Zach Fields keynote speaker
- 3/2 Steve Holman - Voice of the Atlanta Hawks
- 3/9 Georgia Public Policy Foundation - Kyle Wingfield

EVENTS

- 1/17 Human Trafficking Investigations
- 1/17 Rotary Means Business (district networking event)
- 1/17 RR After Hours Club
- 1/18 Hump Day - Big Oak Tavern
- 1/21 Human Trafficking Summit
- 1/27 Red Cross Blood Drive: A Pint for a Pint
- 2/7 RR After Hours Club - STAR House - Stephanie Christiansen
- 2/11 Hearts for Honduras

LEADERSHIP

| | |
|-----------------|----------------------|
| President | John Carruth |
| President-Elect | Alex Kaufman |
| Immediate PP | Terry Taylor |
| Treasurer | Trummie Patrick, III |
| Secretary | Nancy Alterman |
| Public Image | Michael Gould |

Thursday Speaker: SFX Fitness: Let's get fit!

**Commitment + Motivation + Community
= Recipe for Fitness**



Rick Banks Julian Amedee Robert Haddock

Physical exercise is truly the fountain of youth! And we are so excited to have these amazing experts visit our club this Thursday to share their stories and their wisdom with us. Quality of life is so important to all of us, young or not so young. And being strong and fit can be the difference between a life of vitality and a life of just dragging one foot in front of the other. Please mark your calendar now to join these fitness experts from [SFX Fitness](#) and learn more about how to prepare your body to avoid falls, improve balance, increase stamina, give you the strength to handle the kids and the grandkids or even carry in the groceries from the car! Don't Miss!!!

Sharing the Good We Do! Calling on our selfie and snapshot experts



**Send us
your
pictures!**

We want to share all of the great things our club is doing for our community! And it's hard for Michael Gould to be everywhere all the time. So we need you all to be part of the Roswell Rotary Photography Team!

ROTARY CLUB OF ROSWELL

Thursdays, 12:15 pm
Roswell Area Park
Bill Johnson Community Activity Building
10495 Woodstock Road
Roswell, GA 30075

ROTARY ONLINE

<https://roswellrotary.club>
<https://rotary6900.org/>
<https://rotary.org/>

BIRTHDAYS

| | |
|------|-------------------|
| 1/17 | Jackie Jordan |
| 1/17 | Alicia Hughes |
| 1/20 | Evan Coyle |
| 1/21 | Gary Garrett |
| 1/23 | Kurt Hilbert |
| 1/24 | William Noethling |
| 1/24 | Dr. Kay Howell |
| 1/25 | David Bourne |
| 1/26 | Courtney Lott |
| 1/28 | Priya Crumpton |
| 1/30 | William May |
| 1/31 | Blake Turner |
| 1/31 | John Reddick |
| 2/3 | Chris Patterson |
| 2/6 | FJ Levy II |
| 2/9 | Angela Freeman |
| 2/10 | Richard Meer |

YEARS OF SERVICE

| | |
|------|---|
| 1/19 | Susan Rumble (12) |
| 1/23 | Jack Stephens (37) |
| 1/24 | Andy Williams (4) 11 years in Rotary |
| 1/30 | Mindy Jones (26) |
| 1/31 | Allen Dalton (38) |
| 2/1 | David Bourne (50) |

Anytime you are at an event and you take a few pictures with your phone, please send them via text or email to michael@goulddigitalimaging.com or text **770-617-2958** or kigou@gmail.com or text **404-408-4188** so we can add them to club picture archives for 2023. These can be used in social media, videos, newsletters, and meeting powerpoints! but if we don't have the pictures, we can't communicate the joy and fun and work and engagement of our club projects.

Looking forward to spreading the word about the work this club is doing in 2023!
Thanks for your help!

| | |
|------|--|
| 2/2 | Lee Dodson (9) 45 years in Rotary |
| 2/8 | Dutch Earle (16) 25 years in Rotary |
| 2/11 | Alex Kaufman (13) |
| 2/11 | Langdon Hollingsworth (2) |

Tonight: RRAH Kicks-Off 2023 with Wellness Discussion



After Hours' next meeting is tonight at 6:30 at The Artillery Room @ Gate City. They are thrilled to kick-off the new year with a discussion around wellness led by Nurse Practitioner and Stat Wellness owner Kristin Oja. Kristin will provide tips on how to keep both the body and mind strong as we head into another year. This meeting is sure to leave attendees rejuvenated and ready to tackle 2023!

Wed Jan 18 5:30pm

Hump Day-Big Oak Tavern



Hump Day

Next Wednesday
January 18th

Big Oak
Tavern

5:30 PM



This Saturday. Jan. 21 End Human Trafficking Now Event



Our children are in danger! Human traffickers are using personal and online connections to coerce our children. It is happening right here in North Fulton!

The Rotary Club of Alpharetta and End Human Trafficking Now are hosting an event so you can learn more about what is happening right here in our neighborhoods.

You will learn:

- What state and local officials are doing to combat trafficking.
- How everyone from corporations to our own children are involved in the fight against HT.
- How to identify the characteristics of HT grooming.
- How to monitor your child's online activity.
- What to watch for throughout your community.
- How to get directly involved.

When: Saturday, January 21st, 2023. 9:00 am - 1:00 pm (Doors open at 8:00am, coffee and refreshments will be available)

Where: Innovation Academy, 125 Milton Ave., Alpharetta, GA.

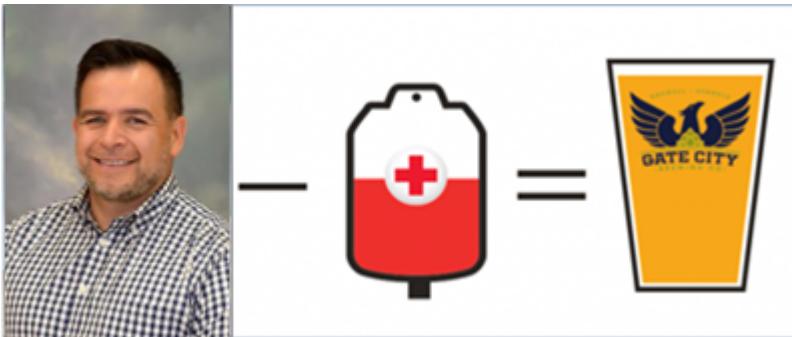
This is a free event, but there is limited seating so you must register through Eventbrite to attend. Scan this code to register:



Donations are encouraged, but not required.

Friday, Jan 27 Blood drive

Before it's too late...why Gabriel is donating blood



If I can you can.. donate while you can.

I have always thought about donating blood. I have to say my fear of the needle and the lack of knowledge of my donation's impact has kept me away from donating. I always said, next year, next time, etc. Now is the time to donate, now is the time to make an impact on those who need this irreplaceable and inimitable life resource.

Sometimes I amuse myself when I go to doctor appointments and I have blood work scheduled. When that time comes I let the nurse know about my dislike of the needle while I am conversing about current events, traffic, how much the city has grown, and sports. Then that uncomfortable deciding moments comes when it is time to get that blood to determine my overall health and how my main organs are working.

While I look the other way, I can't help but to think how many animals I have killed and skinned with a knife. So why I am uncomfortable with a tiny needle when I have butchered a cow? That I cannot explain.

Secondly, that ability to procrastinate thinking that there will always time and that some else is already donating has led me through a path of inaction and a latter feeling of regret for not doing what I could have done. Sometimes it feels like when you walk on the streets and see a piece of paper on the ground and do nothing because someone else coming afterward will pick it up.

In the case of donating blood there is not a someone else will donate nor people already donate enough blood. Blood must be replenished constantly and if not use within a certain period it may become useless. Not to mentioned only 3% ,of the eligible people who can donate, give blood on a regular basis

Thanks to Rotary and it partnership with the Red Cross I will have an opportunity to change my past decision, and be able to serve my community because it is fair and it matters to all concerned.

I will place service above self, and....donate now while I can.

ACTION ITEM: If you are one of the 2 out of 3 people that can NOT give, then please share this story with a friend, coworker or family member who can, and encourage them to donate. If you can donate, [click here to schedule your appointment](#). If the good feeling of donating isn't enough, we'll give your free snacks afterward plus - and this is a popular one - a coupon for free pint of Gate City's beer. Pint for a pint. Get it? Now help us get another donor appointment booked.

For more information, contact

[gabriel prado](#), jonathancrooks@bellsouth.net, Darrell.Bartlett@allegion.com, or hschlenger@greatsouthbenefits.com

Tue, Jan 17, 6:00p

Business Networking is Better When It's with Fellow Rotarians (12-club event)

For you, or someone on your staff, grow your business by doing business with Rotarians in an environment that supports "Service Above Self"



The graphic features a blue and yellow color scheme. On the left, there is a vertical blue bar with a white grid of dots and the Rotary International logo. The main yellow area contains the text: "Expand your network. Grow your business. Rotarians want to buy from Rotarians. Meet people who put Service Above Self and get discovered at Rotary Means Business". At the bottom, there is a photograph of a busy networking event with many people in a well-lit room.

For you, or someone on your staff, grow your business by doing business with Rotarians in an environment

that supports "Service Above Self"

Bonus: This is also an opportunity for someone you are interested in recruiting to Roswell Rotary.

Tue, Jan 17 from 6:00 - 8:00pm.

Location: Eclipse Di Luna, 4505 Ashford Dunwoody Rd NE, Atlanta, GA 30346

For more information, contact Ken Carter 404-386-3214 ken.carter@floorcoveringsinternational.com or Hal Schlenger 770-335-0077 HSchlenger@GreatSouthBenefits.com

Rotary Last Week

